

MINNAMURRA  
KIAMA  
DOWNS

PRINCES HWY  
To Shellharbour

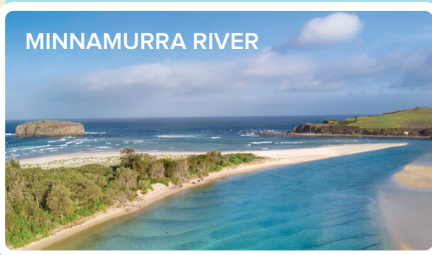
BOMBO

KIAMA

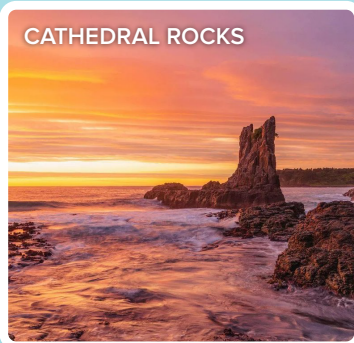
KIAMA  
HEIGHTS

GERRINGONG

MINNAMURRA RIVER



CATHEDRAL ROCKS



BOMBO HEADLAND



BLOWHOLE



VISITOR INFORMATION  
CENTRE AND PILOT'S  
COTTAGE MUSEUM



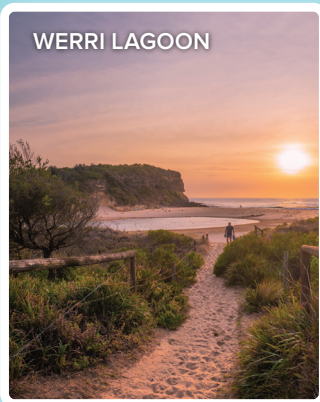
LITTLE BLOWHOLE



DREAMING POLES



WERRI LAGOON



WHALE WATCHING PLATFORM



MINNAMURRA RIVER TO KIAMA BLOWHOLE

3 hrs

8.5km

Medium

KIAMA BLOWHOLE TO LOVES BAY

1.5 hrs

6km

Medium

LOVES BAY TO GERRINGONG

2 hrs

6km

Medium

Key to symbols

Kiama Coast Walk

Train Line

Train Station

Food + Drink

Picnic Area

Toilets

Parking

Accommodation

Ocean Pool

WALKING TIPS

- ★ Werri Lagoon is occasionally open to the sea. Call 1300 654 262 to see if you can cross.
- ★ Your dog is welcome on a lead for most of the walk, but not permitted on various beaches. See onsite signage for details.
- ★ Some parts of this walk are along unprotected cliffs; be aware and do not leave children unattended.
- ★ Travel smart – carry water, a phone and wear sun protection.
- ★ For train times, visit [www.transportnsw.info](http://www.transportnsw.info)
- ★ Share your adventure #kiamansw @kiamansw
- ★ This walk is a series of connected paths and tracks with varying conditions. For more information on the most suitable section for your needs, please contact us using the details below.



Access our digital map  
by scanning the QR code

Kiama Visitor  
Information Centre

Blowhole Point Road  
Phone: 1300 654 262  
[kiama.com.au](http://kiama.com.au)



# KIAMA COAST WALK

**Kiama**  
SOUTH COAST N.S.W. AUSTRALIA

**2024 WINNER**  
NSW TOP TOURISM TOWN AWARDS

## MINNAMURRA RIVER TO KIAMA BLOWHOLE

🕒 3 hrs 📍 8.5km 🚶 Grade: 3 - Medium

Your journey begins at Minnamurra Train Station, heading south to James Oates Reserve and the mouth of the picturesque **Minnamurra River**. Follow the path to the top of the headland to enjoy breathtaking views of **Mystics and Killalea beaches** to the north and the spectacular **Stack Island** (also known as 'Rangoon Island' after an 1870 shipwreck).

Let the markers guide you south to the gentle sweep of **Jones Beach**. Here, you can meander along the sand or take the path until you reach the playground, then continue your walk up North Kiama Drive and along residential Cliff Drive. Take in the views of **Cathedral Rocks**, the hidden beauty of the '**Boneyard**', and the eerie basalt columns of **Bombo Headland**. All of these are

well marked and worthwhile detours along the way.

The northern end of **Bombo Beach** is popular with surfers all year round. It's here that you'll also get your first glimpse of Kiama township. At the southern end of the beach, you have the option to turn west beneath the highway to visit landmarks such as the Kiama Cemetery and Spring Creek Wetlands. Otherwise, during low tide, you can safely follow the rock shelf south around to Kiama Harbour, or take Gipps Street and Minnamurra Street as an alternative with excellent beach/ocean views. Skirt the harbour, following the path past both ocean pools to finish the northern section of the walk at **Kiama Blowhole** alongside the lighthouse.



## KIAMA BLOWHOLE TO LOVES BAY

🕒 1.5 hrs 📍 6km 🚶 Grade: 3 - Medium



Starting from Blowhole Point, home to the iconic **Kiama Lighthouse** as well as **Kiama's Visitor Information Centre** and historic **Pilot's Cottage**. The path south hugs the coast's edge as your walk unfolds with beaches and bays awaiting your exploration. Signage along the way will guide you, offering insights into landmarks and the area's rich history. First you will pass by **Storm Bay** and **Kiama Showground**, following the path around until **Surf Beach** (Kiama's most popular beach, patrolled from October to April) comes into view.

The next Norfolk-Pine-dotted headland guides you around to **Kendalls Beach**, adorned with

beachfront cabins and framed by steep cliffs. A set of stairs at the south end of Kendalls Beach will lead you to the grassy headland before linking you to Boanyo Ave, and on to the **Little Blowhole**. While its larger cousin operates best in a south-east swell, this one takes flight in the more common north-easter.

Your journey now continues along a grass path until the sheltered **East's Beach** comes into view, with steps located at each end. The next headland is a great spot to look back and reflect on how far you've come. Take a breath as **Loves Bay** and its rocky solace beckons.

## LOVES BAY TO GERRINGONG

🕒 2 hrs 📍 6km 🚶 Grade: 3 - Medium

This section of the walk is bookended by two sets of **Aboriginal Dreaming Poles**, created by Stephen Russell and Phyllis Stewart, representing the saltwater people, and placed in respect for the traditional owners who have been custodians of the land for around 65,000 years.

Dramatically different from the previous two sections, this route follows a zig-zag of coastal pastures south from Kiama Heights to Gerringong's **Werri Beach**. It is here, among the exposed clifftops, rainforest remnants and endless ocean views, that the force of the weather can become more apparent – so be prepared for all possibilities.

Along the way, you might be lucky

enough to spot seals, dolphins or whales gracefully navigating the waters. Or look to the sky, where falcons and eagles are often hunting their next meal. 500m markers inform your progress as you leave civilisation behind, the path dipping and rising from rocky bays to headlands via an undulating grassed path, before finally emerging at the tidal **Werri Lagoon** and Werri Beach beyond.

The township of **Gerringong** awaits – either follow the beach or concrete path south and up the hill. From here, you can follow Belinda Street 1.4km west to the train station via the main street's shops, cafes and galleries, or continue along the coastline, finishing up at the picturesque **Boat Harbour**.

## CONGRATULATIONS you've walked the walk!

### GERROA AND BEYOND...

If you are still up to it, continue your walk south along Fern Street in Gerringong to Gerroa and Seven Mile Beach past the dairy pastures and golf course (4.1km). It is then possible to follow Seven Mile Beach all the way to Shoalhaven Heads (12km of remote splendour).

DESTINATION  
**Kiama**  
SOUTH COAST N.S.W. AUSTRALIA

**KIAMA MUNICIPAL COUNCIL**



Scan the QR code  
to discover  
more information  
about our walks

We acknowledge the photographers whose images are featured in this publication. Mark Fitz, Andrew Bennett, DNSW, Peter Izzard, Leigh Churchill, Lachlan Hall, Jordan Robins, Shot Studio, Phil Winterton, Kyle Coffee.