

# KIAMA RIDES

MINNAMURRA | BOMBO | JAMBEROO | GERRINGONG | GERROA



## RIDES SUMMARY TABLE

	Ride name	Grade	Distance	Conditions
1	Northern Explorer	Moderate	4.2km loop	Steep sections, some on road riding.
2	Jamberoo Farming Flats	Easy	6.4km return	Flat path, no shelter or services.
3	Coastal Scenes, Paddock Dreams	Moderate	7.3km one-way	Steep sections, road crossings.
4	Kiama Rockstars	Moderate	4.8km one-way	Steep sections, road crossings, sharp turns.
5	Kiama Harbour Cruiser	Easy	2.0km return	Flat shared path, pedestrians.
6	Big Blowhole to Little Blowhole	Moderate	3.7km one-way	Steep sections.
7	Werri Beachside Adventure	Easy	4.2km return	Flat shared path, pedestrians.
8	Coast to Country	Hard	4.2km one-way	Steep sections, road crossings, busy roads.
9	Gerroa Scenic Loop	Moderate	3.4km loop	Road crossings.



*Ride grade explained:*

*Easy - flat, mostly off road shared paths suitable for families.*

*Moderate - some hills and quiet roads, for confident riders.*

*Hard - steep hills and roadways, for experienced riders.*

*We acknowledge the Dharawal people as the Traditional Custodians of the land, “Kiarama”, or Kiama and their custodianship for more than 60,000 years.*

*We value and celebrate the Dharawal culture and language, and acknowledge their continuing connection to the land, the sea and the community.*

*We pay respect to the Elders and their families, past, present and emerging, and through them, to all Aboriginal and Torres Strait Islander peoples.*



SCAN HERE FOR  
A DETAILED  
DESCRIPTION  
OF OUR RIDES



## SAFE RIDING

- Always wear an approved bicycle helmet.
- Keep to the left where possible.
- Wear bright, sun safe clothing.
- Consider attaching a red flashing light to the rear of your bike and clear headlight to the front in low light.
- Shared paths are for everyone (including bike users), however please give way to pedestrians.
- Use your bell to pre warn pedestrians or slower bikers as you approach but always be prepared in case they haven't heard you.
- Give hand signals when turning, changing lanes, or stopping.
- Obey all road rules when on the road.
- Check the weather conditions prior to riding.
- Take adequate food and water with you.
- Emergency contact numbers:

Ambulance 000

Local Police 02 4232 1444

Kiama Council 02 4232 0444



*Take a bike lock with you so that you can explore on foot, relax in a café, or cool off with a swim at one of the beaches or ocean pools.*

There is nothing quite like the freedom and wind-on-your-face purity of exploring a place by bike. The Kiama region is no exception with our picturesque coastline, charming villages, and expansive hinterland ready to be discovered.

And whilst our area offers a landscape that will challenge even the most experienced cyclist, this particular guide lays out nine itineraries tailored to recreational riders. These rides encompass a mix of designated bike paths, shared paths, and both on and off-road options, ensuring a memorable and accessible cycling experience for riders of various skill levels.

So, saddle up, embrace the fresh air, and discover the beauty that awaits around every bend. Happy riding!

### Key to symbols

- Ride start/finish
- Toilets
- Parking
- Picnic area
- Train station
- Restaurant or café
- Lookout
- Rail tunnel
- Steep path
- Playground
- Water fountain
- Bike hire
- Bike storage
- Information Centre

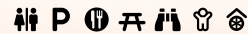
Ride extension

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OF NSW  
BICYCLE LAWS





# 1 NORTHERN EXPLORER



Start your journey at Kiama Downs Surf Life Saving Club and pedal north along North Kiama Dr until you reach Johnson St. Take a right turn and enjoy the sight of surfers and families at Jones Beach. At the top of Johnson St, turn right onto Eureka Ave and ride towards the headland. Merge with a shared path that winds through **Minnamurra Headland**, offering breathtaking coastal views from the **whale watching platform**. Continue to crest the hill and admire **Rangoon Island** and the stunning **Minnamurra River**. Follow the shared path onto Carson Pl, then turn right onto Charles Ave where you can stop for a dip or picnic at Minnamurra River. Once you reach the roundabout, turn around and head south on Charles Ave to return to your starting point. For more adventure, check out the **Minnamurra Bike Skills Track** located on Ritchie Pl, featuring downhill tracks, pump tracks, and a junior track.

**Time**  
20-30 min

**Distance**  
4.2km loop

**Grade** Moderate

**Conditions**  
Steep sections, some on road riding.

Shared path — —

Quiet street — —



*If you're looking for a little more distance, connect onto Shellharbour by following the shared path north across the Minnamurra River (on Riverside Dr) through Casuarina forest, and past the now disused Dunmore Railway Station (8.3km one way) or further still, to Shell Cove Marina (10.1km one way).*



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# JAMBEROO FARMING FLATS

**Time**  
25 min

**Distance**  
6.4km return

**Grade**  
Easy

**Conditions** Flat path, no shelter or services.

Shared path  
Quiet street

Park your car on Swamp Rd next to the Minnamurra River crossing (-34.63935, 150.82910). Here you'll spot the shared path which leads to Kiama Downs.

Pedal in a southerly direction along a flat, family-friendly, shared path, past quiet green paddocks with views westerly to the **Illawarra Escarpment**.

Say 'hello' to the residing cows and spot the vibrant **mural** on the old farming shed as you pedal along towards Browns Ln and soaked in the sights, it's time to turn around and head back to where you started, completing your 6.2km ride.



A shared path extension will soon be constructed along Jamberoo Rd, adding 2kms to this route and taking you into the village of Jamberoo. Anticipated completion is March 2025.





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# COASTAL SCENES, Paddock Dreams



**Time** 50-60 min  
**Distance** 7.3km one-way  
**Grade** Moderate  
**Conditions**  
 Steep sections, road crossings.

Shared path —  
 Quiet street —

Experience a diverse and scenic route that takes you along the coast, wetlands, rivers, and farmland.

Start your ride at Trevethan Reserve on the **Minnamurra River**, heading south and turning left onto The Village, passing through a rail underpass. Continue on Charles Ave, crossing over the beautiful **Minnamurra headland** onto Johnson St and North Kiama Dr. Ride west along Moona Ave, going through another rail underpass before crossing Riverside Dr. Just 100m north of this crossing, cyclists can access an off-road route at the end of Duguid Way, which leads west through Kiama Downs, eventually connecting to Thornett Way and a steep climb up Henry Parkes Dr. This on-road section leads to another off-road pathway, which takes you around a picturesque billabong and ends when the path reaches Swamp Rd in Jamberoo.




# KIAMA ROCKSTARS



**Time** 30 min  
**Distance** 4.8km one-way  
**Grade** Moderate  
**Conditions**  
 Steep sections, road crossings, sharp turns.

Shared path —  
 Quiet street —  
 On road —

Explore Kiama's coastal beauty on this ride, starting at Kiama Downs Surf Lifesaving Club. Begin your journey by heading south along North Kiama Dr and left onto Cliff Dr. Prepare for a scenic ascent, where stunning views of **Cathedral Rocks** await as you glance back to the north. At the end of Cliff Dr, park your bike and take the stairs down to **Boneyard Beach** for a refreshing dip. Continue south along the path, passing the unique landscape of **Bombo Headland**. Here you have the option to descend via newly built stairs (with bike channel) or continue along the headlands crest. Ride along the path adjacent to **Bombo Beach** and take the exit after Spring Creek bridge onto Hothersal St, followed by a left onto Gipps St. Brace yourself for the final climb as you navigate a sharp 180 degree turn up to Pheasant Point Dr, where you can take in the views of **Bombo Beach** and **Kiama Harbour**.

 You can either connect this ride with other routes for an extended adventure or enjoy it as a 9.6km return ride.





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# KIAMA HARBOUR CRUISER



**Time** 15 min  
**Distance** 2.0km return  
**Grade** Easy  
**Conditions**  
 Flat shared path, pedestrians.  
 Shared path 

Get your wheels spinning for a harbour adventure that can be started at either end.

As you pedal along the shared path, you'll be treated to views of the **Kiama Harbour** and **Black Beach**. But hold onto your handlebars because on weekends, this place is buzzing with activity as locals and visitors flock here to take in the sights. Enjoy this easy pace ride, stop at the playground, and refuel at the local cafés. When you reach the **boat ramp**, keep your eyes peeled for friendly pelicans and stingrays, and be sure to pack your swimmers as there is an **ocean pool** at either end of the harbour foreshore.



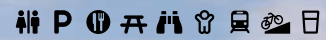
Continue on and take in the Big Blowhole to Little Blowhole route (3.7km one way).





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## BIG BLOWHOLE TO LITTLE BLOWHOLE



Gear up for a ride that has not one, but two Blowholes! Park your car at the top of Blowhole Point Rd and acquaint yourself with the iconic 'Big Blowhole' (best in a southeast swell/wind). Pedal south down and around the historic showground, while taking in the twists and turns of the coastline past Surf and Kendalls Beach. Brace yourself for the steep climb up Bonaira St and towards the **Little Blowhole**, your final destination (best in a northeast swell/wind).

**Time** 20 min  
**Distance** 3.7km one-way  
**Grade** Moderate  
**Conditions**  
 Steep sections.

Shared path — —  
 Quiet street — —



*If you are tempted to continue on to Gerringong, note that the highway (Kiama Bends) is not bicycle-friendly. Instead take the train from Kiama Station to Gerringong.*

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# WERRI BEACHSIDE ADVENTURE




**Time** 20 min

**Distance** 4.2km return

**Grade** Easy

**Conditions** Flat shared path, passing picnic areas, a water station, kiosk, and playground with adjacent skate park. Continue your ride to the southern headland and reward yourself with a refreshing swim at the **South Werri Ocean Pool** before making your way back north.

Shared path 

A perfect route for young families, and those learning to ride. Begin at the north end of **Werri Beach** on Pacific Ave, where you'll find convenient parking and amenities. Ride south along the shared path, passing picnic areas, a water station, kiosk, and playground with adjacent skate park. Continue your ride to the southern headland and reward yourself with a refreshing swim at the **South Werri Ocean Pool** before making your way back north.



# COAST TO COUNTRY



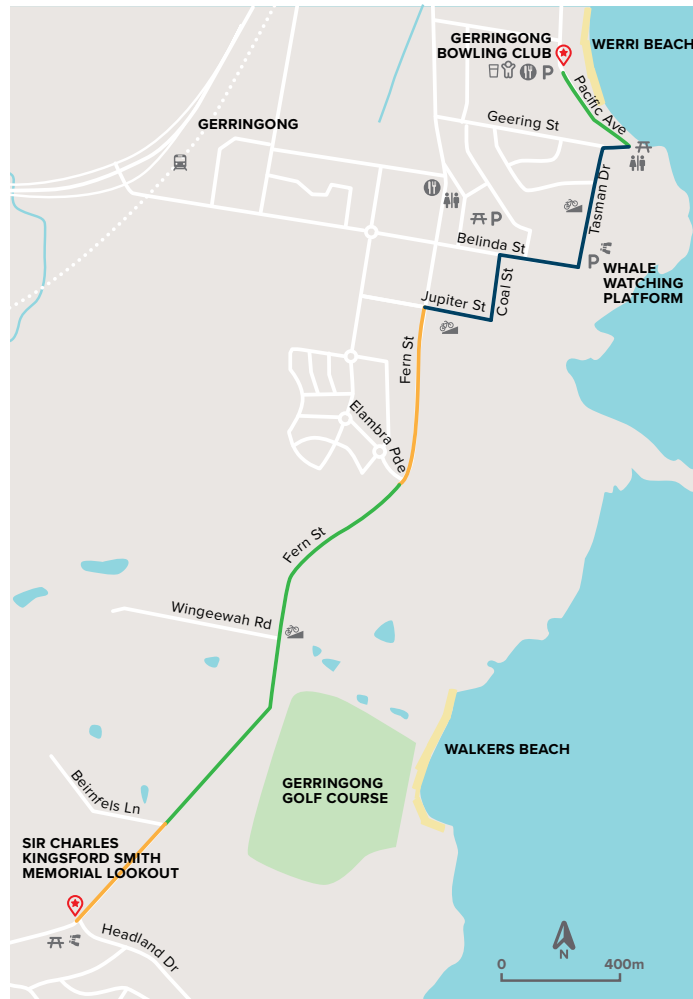
- Time** 30 min
- Distance** 4.2km one-way
- Grade** Hard
- Conditions**  
Steep sections, road crossings, busy roads.
- Shared path —
- Quiet street —
- On road —

Calling all adventure seekers, experienced riders, and those with e-bikes! Begin your journey at Gerringong Bowling Club, where you can park your car. Kick off the ride with a challenging ascent up a steep hill, leading you to the Gerringong Cemetery and **Whale Watching Platform**.

Continue along Belinda St for refreshments or opt for the quieter backstreets (Coal and Jupiter St) which will guide you to Fern St. From there, head south and soak in the sweeping views of farmland and the escarpment on one side, and the stunning coast on the other. As the shared path ends at Beirfels Ln, take the road shoulder to your final destination, the **Sir Charles Kingsford Smith Memorial Lookout**, offering views of **Seven Mile Beach**.



Continue on and complete the Gerroa Scenic Loop ride (4.2km).







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## GERROA SCENIC LOOP



This ride starts at Emery Reserve on Park Rd, an ideal spot to take a moment and soak in the views of **Crooked River** and **Seven Mile Beach**.

Kick your pedals into gear and begin your ride up Riverleigh Ave, turning right onto Stafford St. Here you will ease your way to **Black Head Reserve** and **Gerroa Headland**, a perfect setting for a scenic picnic while watching surfers on the point break.

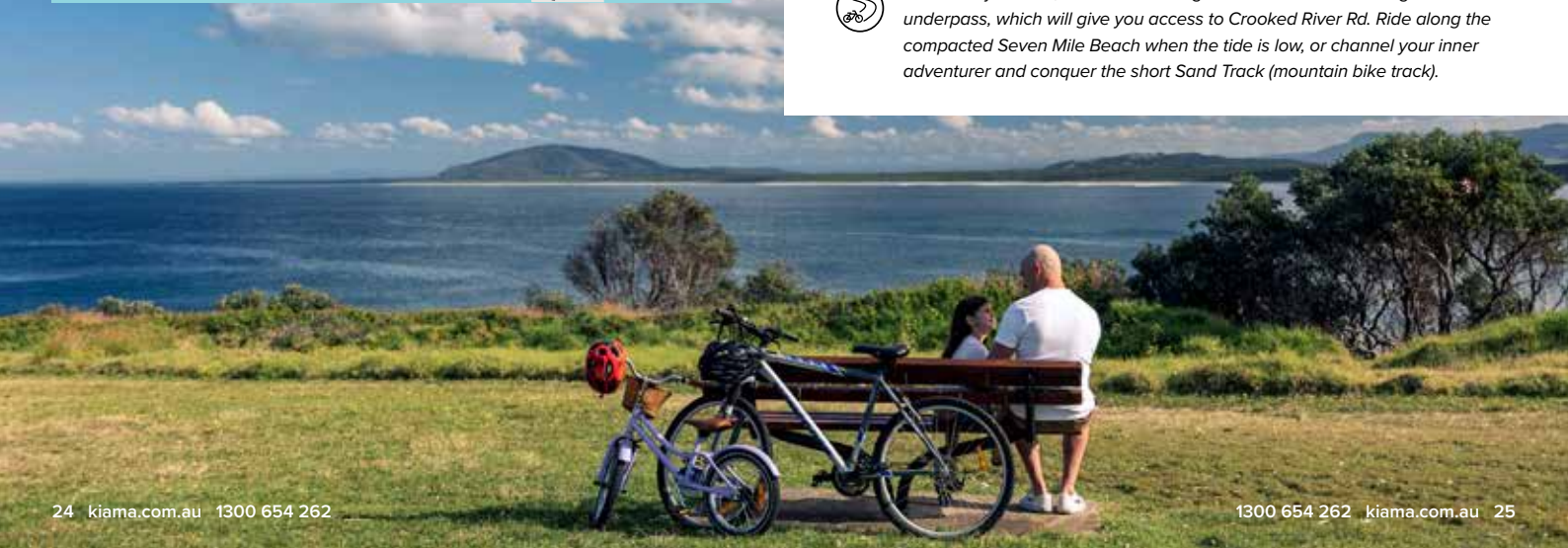
Complete the loop, tracing the banks of the **Crooked River** through Burke Pde, and back to your starting point. Cap off your journey at the local cafe or with a refreshing swim, an idyllic end to this 3.4km ride.



*To extend your ride, head south along Park Rd and travel through the underpass, which will give you access to Crooked River Rd. Ride along the compacted Seven Mile Beach when the tide is low, or channel your inner adventurer and conquer the short Sand Track (mountain bike track).*

**Time** 20 min  
**Distance** 3.4km loop  
**Grade** Moderate  
**Conditions**  
 Road crossings.

Quiet street



## FURTHER INFORMATION:

In order to provide cyclists with the opportunity to fully experience our stunning coastal towns, this cycling guide carefully avoids busy roads whenever possible. By doing so, cyclists are able to safely immerse themselves in the beauty of our region and embrace this unique part of the world.

While bikes are not permitted on buses, you can bring your bike on board trains for no additional cost. For those traveling to Kiama, there are bike lockers available for hire at Kiama and Minnamurra Train Stations.

To hire, visit [bikelocker.transport.nsw.gov.au](http://bikelocker.transport.nsw.gov.au).

To access timetables, visit [transportnsw.info](http://transportnsw.info).

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Published by Destination Kiama / Kiama Municipal Council

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INFORMATION



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KIAMA CYCLES

BIKE SHOP

**No bike? No worries!**

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