Grade: 3 - Medium  
Distance: 8.5 km  
Time: 3 hrs

Starting the Kiama Coast Walk from the north, you will begin at Minnamurra Train Station. Here you will find a Kiama Coast Walk map to help you get your bearings. Get started by heading south to James Oates Reserve and the mouth of the Minnamurra River. Almost immediately, stunning views are on offer - from the headland look north to Myrtys and Kililis beaches, plus Rangon Island (named after the ship wreck of 1870). From here, markers will guide you south to the gentle sweep of Jones Beach (pictured) and the iconic Cathedral Rocks beyond. These, along with the hidden beauty of the Bonvoy) and the eucalyptus columns of Bombo Headland, are all well-marked and worthwhile detours along the way. Popular with surfers all year round, North Bombo Beach gives you your first glimpse of the Kiama township. You have the option here to veer west and under the highway on to Hutchison Street and then the Kiama Cemetery and Spring Creek Wetlands, otherwise continue along the beach. At low tide you can even safely follow the rock shelf north to Kiama, or take Gipps Street as an alternative.

Enjoy the walk!

From Blowhole Point (also home to Kiama’s Visitor Information Centre and historic Pilot’s Cottage), beaches and bays lie ahead, with signage highlighting landmarks and history along the way. From Storm Bay, past the Showground and down to Surf Beach (Kiama’s most popular beach, patrolled from October to April), sweeping views accompany you for this part of your journey. The Norfolk-Pine-dotted headland carries you around to Kendalls Beach, with its beachfront cabins and steep sides. Steps and a breathtaking grassy walk below the hillside leads you to Loves Bay and its rocky southern headland. Your journey now continues on grass until sheltered Easts Beach comes into view, with steps at each end. The next point is a great spot to look back at how far you’ve come. Loves Bay to Gerringong

Congratulations you’ve walked the walk!

Grade: 3 - Medium  
Distance: 5 km  
Time: 1.5 hrs

You can then turn west to continue your walk... or head back to the Kiama Visitor Information Centre to begin your journey south from James Oates Reserve.

Grade: 3 - Medium  
Distance: 3.5km  
Time: 1hr

This section of the walk is bookended by two sets of Aboriginal Dreaming Poles, created by Stephen Russell and Phyllis Stewart, representing the First Nations as the traditional custodians of the land and waters. Dramatically different from the previous two sections, leave the world behind here as you follow a zig zag of coastal pastures south from Kiama Heights to Gerringong’s Weir Beach – it is here, amongst the exposed dufflots, rainforest remnants and ocean views, that the force of the weather can become more apparent – so be prepared for all possibilities. Keep your eyes peeled out to sea for seals and whales, and if you look to the sky, falcons and eagles are often spotted hunting their next meal. Kilometre markers inform your progress, while the Illawarra Escarpment tumbles gently towards the sea. You’ll feel miles from civilisation as the path dips and rises from rocky bluffs to headlands following the undulating grassed path, emerging at the tidal Werri Lagoon. The township of Gerringong sits atop the next hill – either follow the beach or concrete path parallel south and up the next green headland. At the top, you can choose to follow Belinda Street 1.4km west to the train station via the main street’s shops, cafes and galleries, or continue along the coastline, finishing up at the picturesque Bowl Harbour.

Congratulations you’ve walked the walk!
Cathedral Rocks
A delight for photographers, years of erosion have shaped these volcanic rocks into delightful sculptured forms.

Terrace Houses
In the heart of Kiama, explore the original quarrymen’s houses - built in 1886 and now converted to a browser’s paradise of unique shops and eateries.

Bonaira Native Gardens
This magical wedge of suburban oasis is a hidden gem - glades, streams and rainforest species. The perfect, peaceful place for a picnic!

Pilot’s Cottage Museum and Visitor Information Centre
Built in 1881, step into the past and discover the maritime museum, while friendly faces, information, art and souvenirs await at the contemporary VIC.

Blowhole
The iconic ‘whoosh’ is at its lighthouse-height best in a southeast swell, but you’ll enjoy excellent views in any condition, from the ample viewing platforms.

Little Blowhole
Little by name, yet often grander by nature! Favouring a northeast swell, it offers a great view north from the viewing platform or its rocky surroundings.

Dreaming Poles
Created by artists Stephen Russell and Phyllis Stewart, representing the saltwater people and placed in respect of these traditional owners that roamed this area.

Whale Watching Platform
Enjoy whale-sized views during migration (south-bound Sep-Nov, north Apr-Jun) as the currents bring the magnificent Right Whales close to shore.

TIPS
Your dog is most welcome on a lead for most of the walk, but not permitted on various beaches. See onsite signage for details.

Some parts of this walk are along unprotected cliffs, remain vigilant and do not leave children unattended.

Travel Smart – carry water, phone and wear sun protection.

Taxi: 02 4237 7505 or Train: transportnsw.info

Share your adventure #kiamansw @kiamansw

Follow along on our digital map by scanning below:

Translate to: “plenty of fish”, Minnamurra is not only renowned for fishing but for swimming, kayaking and snorkelling too.

Minnamurra River
Walking on the moon in this eerie basalt ‘graveyard’ - a reminder of our quarrying past. The remnants are spectacular - and very popular with location scouts.

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