

Kiama COAST WALK

See where it takes you...

Welcome to the Kiama Coast Walk – a stunning 22km pathway accompanying our sparkling coastline! With its spectacular ocean views, inviting detours and proximity to amenities and public transport, the Kiama Coast Walk is the perfect way to explore and enjoy our region.

Birdlife, basalt, beaches, bays and blowholes are just the beginning. With so much to discover, this guide divides the Walk into three natural sections (each taking between 1.5 – 3 hours to complete). Take your time or take your marks – choose your own pace and plan your trip to make the most of quality accommodation, eateries and attractions along the way. The local train line stops at Minnamurra, Bombo, Kiama and Gerringong which means you won't have to loop back.

The Kiama Coast Walk is a mix of sealed pathways, beaches and grassed tracks – suitable for most levels of fitness. So step right up and explore Kiama on foot today...

Enjoy the walk!



Photography: Peter Izard

other WALKS

Minnamurra Rainforest Loop & Falls Walk

Grade: Medium ▶ Distance: 4.2 km ▶ Time: 1.45 hrs

Carrington Falls & Nellies Glen

Grade: Easy/Medium ▶ Distance: 5 km ▶ Time: 2 hrs

Griffiths Trail, Barren Grounds National Park

Grade: Medium ▶ Distance: 8 km ▶ Time: 3 hrs

Illawarra Fly Tree Top Walk

Grade: Easy ▶ Distance: 3 km ▶ Time: 1 hr

Gerringong to Gerroa

Grade: Medium ▶ Distance: 4.1 km ▶ Time: 45 min

Bonaira Native Gardens

Grade: Easy ▶ Distance: 400 m ▶ Time: 20 min

Kiama Historic Walk

Grade: Easy ▶ Distance: 3.5 km ▶ Time: 2 hrs

Download the Kiama Library Tours App from iTunes for a self-guided walk

Spring Creek Reserve

Grade: Easy ▶ Distance: 2 km ▶ Time: 45 min

Jamberoo Village

Grade: Easy ▶ Distance: 5 km ▶ Time: 2 hrs

#kiama @kiamansw



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Photography: Phil Winkler

Minnamurra River to Kiama Blowhole



Grade: Medium ▶ Distance: 8.4 km ▶ Time: 3 hrs

Starting the Kiama Coast Walk from the north, you will begin at Minnamurra Train Station. You will find a Kiama Coast Walk map here to get your bearings. From here, you will head south to James Oates Reserve and the Minnamurra River mouth.

Almost immediately, stunning views are on offer from the headland – looking north to Mystics and Killalea beaches, plus Rangoon Island (named after the ship wreck in 1870). From here, markers will guide you to the gentle sweep of Jones Beach and the Cathedral Rocks beyond. This, along with the hidden beauty of 'the Boneyard' and eerie basalt columns of Bombo headland are all well-marked and worthwhile detours along the way.

Popular with surfers all year round, North Bombo Beach gives you your first glimpse of Kiama Township. You have the option here to veer west and under the highway on to Hutchison St and on to the Kiama Cemetery and Spring Creek Wetland, otherwise continue along the beach.

Blowhole Point to Loves Bay

Grade: Medium/Hard ▶ Distance: 5 km ▶ Time: 1.5 hrs

From Blowhole Point (also home to Kiama's Visitor Information Centre and historic Pilot's Cottage), beaches and bays lie ahead, with signage highlighting landmarks and history along the way. From Storm Bay, past the Showground and down to Surf Beach (Kiama's most popular beach, patrolled from October to April), all-weather exercise equipment and sweeping views accompany you for this part of your journey.

The Norfolk-pine-dotted headland carries you around to Kendalls Beach, with its beachfront cabins and steep sides. Steps and a breathtaking grassy walk will then deliver you to the Little Blowhole. While its larger cousin operates best in a South-East swell, this one takes flight in a more common North-Easter.

Your journey now continues on grass until sheltered Easts Beach comes into view, with steps at each end. The next point is a great spot to look back at how far you've come. Loves Bay and its rocky solace beckons - your urban leg is complete.



Loves Bay to Gerringong

Grade: Medium/Hard ▶ Distance: 6 km ▶ Time: 2 hrs

Dramatically different from the previous two, this section leaves the world behind. This newest part of the Kiama Coast Walk (opened late 2009) is also the most untouched, as you follow a zig-zag of coastal pastures south from Kiama Heights to Werri Beach.

Your occasional partner on this journey is the South Coast railway, appearing and disappearing into tunnels carved more than 120 years ago. It is here, amongst the exposed cliffs, rainforest remnants and endless ocean views, that the weather can play a factor – so be prepared for all possibilities.

Kilometre markers inform your progress, while the Illawarra Escarpment gently tumbles into the sea before your very eyes. Along the way, it's possible to feel miles from civilization. Dipping amongst rocky bays and finally to the tidal Werri Lagoon, the township of Gerringong sits atop the next hill. Either follow the beach or concrete path south and up the next green headland at the top, you are able to follow Belinda St 1.4km to the train station (via Cafes and shops) to complete your loop or continue down the headland, finishing up at picturesque Boat Harbour.

WARNING

- Due to the intended isolated nature of this section of the track, there is a lack of shade. Please ensure adequate sun protection and hydration is carried.
- After heavy rain and/or a high ocean swell the Werri Lagoon can be open to the sea, precluding crossing on to Werri Beach, for updates, contact Council on 4232 0444.

Congratulations you've walked the walk!

Gerroa and Beyond...

If you are still up to it, continue your walk south along Fern Street to Gerroa and Seven Mile Beach past the dairy pastures and golf course (4.1km). It is then possible to follow Seven Mile Beach all the way to Shoalhaven Heads (12km of splendored isolation).



Kiama Visitors Centre
Blowhole Point Road.
PO Box 73 Kiama NSW 2533
Phone: 1300 654 262.
www.kiama.com.au





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Terrace Houses

In the heart of Kiama, explore the original quarrymen's houses - built in 1886 and now converted to a browsers paradise of unique shops and eateries.



Bonaira Native Gardens

This magical wedge of suburban oasis is a hidden gem - glades, streams and rainforest species. The perfect, peaceful place for a picnic!

walking TIPS

- ★ It's rare, but after heavy rain Werri Lagoon might be open to the sea, and could inhibit your walk on to Werri Beach. Contact Kiama Visitor Centre for an update on (02) 4232 3322.
- ★ Your dog is most welcome on a lead for most of the walk, but not permitted on various beaches as marked.
- ★ Do not leave children unattended. Some parts of the walk are along unprotected cliff tops, everyone needs to be mindful and sensible.
- ★ Make sure you take water with you, use sun protection and suitable footwear.
- ★ Be prepared in wet weather.
- ★ Take your mobile phone. Although remember reception may be broken at times.
- ★ Don't walk alone. Let someone know your plans and time of return.
- ★ Avoid the middle of the day in summer time, early morning is best.
- ★ For transport to and from the walk, call (02) 4237 7505 for transfers, visit www.sydneytrains.info or download the TripView app.

Don't forget to take your time, smell the sea air and soak up the views!

Minnamurra River

A great swimming, kayaking, snorkelling and picnic spot. Across the tidal river mouth, discover the secluded stretch of Mystics beach.



Cathedral Rocks

A true place of worship for photographers and geology lovers, these volcanic wonders have formed through years of erosion. Cameras essential.



Bombo Headland

Walk on the moon in this eerie basalt 'graveyard' - a reminder of our quarrying past. The remnants are spectacular - and very popular with location scouts.



Visitors Centre/ Pilot's cottage museum

Built in 1881, this restored cottage provides a fascinating insight into the role of Kiama Harbour during the late 19th and early 20th Centuries.



Blowhole

The iconic 'whoosh' is at its lighthouse-height best in a southeast swell, but you'll enjoy excellent views in any conditions, from the ample viewing platforms.



Little Blowhole

Little by name, yet often grander by nature! Favoured a northeast swell, it offers a great view north from the viewing platform or its rocky surroundings.



Whale Watching Platform

Enjoy whale-sized views during migration (southbound Sep-Nov, north April-June) as the currents bring the magnificent Right Whales close to shore.



OFFICIAL MAP Key Legend

- Kiama Coast Walk
- Train Line
- Train Station
- Food + Drink
- Picnic Area
- Toilets
- Parking
- Accommodation
- Rock Pool

Gerringong



Finish Boat Harbour